



## Jingle Bell Rock

### 2 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 - 4 5 - 6 7 - 8 <b>Note :</b>	<b>Right Grapevine with Hitch, Rocks with Arm Swings.</b> Step right to right side. Cross left behind right. Step right to right side. Hitch left knee. Step left back bumping hip back. Bump right hip forward. Bump left hip back. Bump right hip forward (weight ends on right). During steps 5 - 8 you can swing arms as if ringing hand bells.	Step. Behind. Step. Hitch. Rock 6 7, 8.	Right   On the spot
<b>Section 2</b> 1 - 2 3 - 4 5 - 6 7 - 8 <b>Note :</b>	<b>Left Grapevine with Hitch, Rocks with Arm Swings.</b> Step left to left side. Cross right behind left. Step left to left side. Hitch right knee. Step right back bumping hip back. Bump left hip forward. Bump right hip back. Bump left hip forward (weight ends on left). During steps 5 - 8 you can swing arms as if ringing hand bells.	Step. Behind. Step. Hitch. Rock 6 7, 8.	Left   On the spot
<b>Section 3</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Kicks with Right &amp; Left, Step 1/4 Pivots Left x 2.</b> Kick right forward across left. Step right to right side. Kick left forward across right. Step left to left side. Step forward right. Pivot 1/4 turn left. Step forward right. Pivot 1/4 turn left.	Kick. Step. Kick. Step. Step. Turn. Step. Turn.	On the spot  Turning left
<b>Section 4</b> & 1 2 - 4 5 - 6 7 8	<b>Syncopated Jump Forward, Heel Bounces &amp; Knee Pops.</b> Jump forward - Right, Left. With weight on toes bounce heel three times. Pop right knee in. Return left to place and pop right knee in. Return right to place and pop left knee in. Return left to place and pop right knee in.	Right. Left. Bounce, 3, 4. Left Right Left Right	Forward  On the spot

Choreographed by:- Alan Clarke (UK) Nov 97

Music Suggestion:- 'Jingle Bell Rock' by DanzDevil from Charanga CD



Music available on  
7-track Charanga CD from  
[www.linedancermagazine.com](http://www.linedancermagazine.com)  
or call 01704 392300